



## ARH EMPLOYEE HEALTH AUTHORIZATION

### ARH CARES Wellness Plan and Health Plan Physical Requirement Labs – ACW

**Step 1:** Register to have the following labs drawn. You should have had nothing by mouth since bedtime of the night before your labs are drawn.

Lab Order (No Physician Signature Required if Presented to an ARH Lab):

- BMP
- Coronary Risk Profile
- Hemoglobin A1C

**Step 2:** Complete the Following Patient Information Section:

**Date:** \_\_\_\_\_

**Patient Name:** \_\_\_\_\_

**Is Patient an Employee or Employee's Spouse:**

Employee

Provide ARH Employee ID #: \_\_\_\_\_

Spouse

Provide ARH Employee ID # (add -2 to the end): \_\_\_\_\_

Provide name of Employee Cardholder: \_\_\_\_\_

**Please indicate which MEDICAL PROVIDER should receive results of above lab studies:**

\_\_\_\_\_

**Step 3:**

Schedule an appointment with an ARH approved health care provider to review the results of your lab tests.